

# HEALTH INVENTORY

## Information and Instructions for Parents/Guardians

### REQUIRED INFORMATION

The following information is required prior to a child attending a Maryland State Department of Education licensed, registered, or approved child care or nursery school:

- **A physical examination** by a health care provider per COMAR 13A.15.03.04, 13A.16.03.04, 13A.17.03.04, and 13A.18.03.04. A Physical Examination form designated by the Maryland State Department of Education and the Maryland Department of Health shall be used to meet this requirement (See COMAR 13A.15.03.02, 13A.16.03.02, 13A.17.03.02 and 13A.18.03.02).
- **Evidence of immunizations.** The immunization certification form (MDH 896) or a printed or a computer-generated immunization record form and the required immunizations must be completed before a child may attend. This form can be found at: <https://earlychildhood.marylandpublicschools.org/child-care-providers/licensing/licensing-forms> Select MDH 896.
- **Evidence of Blood-Lead Testing for children younger than 6 years old.** The blood-lead testing certificate (MDH 4620) or another written document signed by a Health Care Practitioner shall be used to meet this requirement. This form can be found at: <https://earlychildhood.marylandpublicschools.org/child-care-providers/licensing/licensing-forms> Select MDH 4620.
- **Medication Administration Authorization Forms.** If the child is receiving any medications or specialized health care services, the parent and health care provider should complete the appropriate Medication Authorization and/or Special Health Care Needs form. These forms can be found at: Select Forms OCC 1216 through OCC 1216D as appropriate. <https://earlychildhood.marylandpublicschools.org/child-care-providers/licensing/licensing-forms>

### EXEMPTIONS

Exemptions from a physical examination, immunizations, and Blood-Lead testing are permitted if the parent has an objection based on their bona fide religious beliefs and practices. The Blood-Lead certificate must be signed by a Health Care Practitioner stating a questionnaire was done.

Children may also be exempted from immunization requirements if a physician, nurse practitioner, or health department official certifies that there is a medical reason for the child not to receive a vaccine.

The health information on this form will be available only to those health and child care providers or child care personnel who have a legitimate care responsibility for the child.

### INSTRUCTIONS

Part I of this Physical Examination form must be completed by the child's parent or guardian. Part II must be completed by a physician or nurse practitioner, or a copy of the child's physical examination must be attached to this form.

If the child does not have health care insurance or access to a health care provider, or if the child requires an individualized health care plan, contact the local Health Department. Information on how to contact the local Health Department can be found here: <https://health.maryland.gov/Pages/Home.aspx#>

The Child Care Scholarship (CCS) Program provides financial assistance with child care costs to eligible working families in Maryland. Information on how to apply for the Child Care Scholarship Program can be found here: <https://earlychildhood.marylandpublicschools.org/child-care-providers/child-care-scholarship-program>

**PART I - HEALTH ASSESSMENT**  
**To be completed by parent or guardian**

Child's Name: \_\_\_\_\_ Birth date: \_\_\_\_\_ Sex  M  F  
 Last First Middle Mo / Day / Yr  
 Address: \_\_\_\_\_  
 Number Street Apt# City State Zip

|                                                      |                                                       |                                                     |                                                                                                                                                                    |                                                                           |
|------------------------------------------------------|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Parent/Guardian Name(s)                              | Relationship                                          | Phone Number(s)                                     |                                                                                                                                                                    |                                                                           |
|                                                      |                                                       | W:                                                  | C:                                                                                                                                                                 | H:                                                                        |
|                                                      |                                                       | W:                                                  | C:                                                                                                                                                                 | H:                                                                        |
| Medical Care Provider<br>Name:<br>Address:<br>Phone: | Health Care Specialist<br>Name:<br>Address:<br>Phone: | Dental Care Provider<br>Name:<br>Address:<br>Phone: | Health Insurance<br><input type="checkbox"/> Yes <input type="checkbox"/> No<br>Child Care Scholarship<br><input type="checkbox"/> Yes <input type="checkbox"/> No | Last Time Child Seen for<br>Physical Exam:<br>Dental Care:<br>Specialist: |

**ASSESSMENT OF CHILD'S HEALTH** - To the best of your knowledge has your child had any problem with the following? Check Yes or No and provide a comment for any YES answer.

|                                     | Yes                      | No                       | Comments (required for any Yes answer) |
|-------------------------------------|--------------------------|--------------------------|----------------------------------------|
| Allergies                           | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Asthma or Breathing                 | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| ADHD                                | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Autism                              | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Behavioral or Emotional             | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Birth Defect(s)                     | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Bladder                             | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Bleeding                            | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Bowels                              | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Cerebral Palsy                      | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Communication                       | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Developmental Delay                 | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Diabetes                            | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Ears or Deafness                    | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Eyes                                | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Feeding                             | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Head Injury                         | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Heart                               | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Hospitalization (When, Where, Why)  | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Lead Poisoning/Exposure             | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Life Threatening Allergic Reactions | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Limits on Physical Activity         | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Meningitis                          | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Mobility-Assistive Devices if any   | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Prematurity                         | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Seizures                            | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Sensory Disorder                    | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Sickle Cell Disease                 | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Speech/Language                     | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Surgery                             | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Vision                              | <input type="checkbox"/> | <input type="checkbox"/> |                                        |
| Other                               | <input type="checkbox"/> | <input type="checkbox"/> |                                        |

Does your child take medication (prescription or non-prescription) at any time? and/or for ongoing health condition?  
 No  Yes, If yes, attach the appropriate OCC 1216 form.

Does your child receive any special treatments? (Nebulizer, EPI Pen, Insulin, Blood Sugar check, Nutrition or Behavioral Health Therapy /Counseling etc.)  No  Yes If yes, attach the appropriate OCC 1216 form and Individualized Treatment Plan

Does your child require any special procedures? (Urinary Catheterization, Tube feeding, Transfer, Ostomy, Oxygen supplement, etc.)  
 No  Yes, If yes, attach the appropriate OCC 1216 form and Individualized Treatment Plan

I GIVE MY PERMISSION FOR THE HEALTH PRACTITIONER TO COMPLETE PART II OF THIS FORM. I UNDERSTAND IT IS FOR CONFIDENTIAL USE IN MEETING MY CHILD'S HEALTH NEEDS IN CHILD CARE.  
 I ATTEST THAT INFORMATION PROVIDED ON THIS FORM IS TRUE AND ACCURATE TO THE BEST OF MY KNOWLEDGE AND BELIEF.

Printed Name and Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_



**PART II - CHILD HEALTH ASSESSMENT**  
To be completed **ONLY** by Health Care Provider

|                                                             |                    |                                                       |
|-------------------------------------------------------------|--------------------|-------------------------------------------------------|
| <b>Child's Name:</b>                                        | <b>Birth Date:</b> | <b>Sex</b>                                            |
| Last                      First                      Middle | Month / Day / Year | M <input type="checkbox"/> F <input type="checkbox"/> |

1. Does the child named above have a diagnosed medical, developmental, behavioral or any other health condition?  
 No     Yes, describe:
2. Does the child receive care from a Health Care Specialist/Consultant?  
 No     Yes, describe
3. Does the child have a health condition which may require EMERGENCY ACTION while he/she is in child care? (e.g., seizure, allergy, asthma, bleeding problem, diabetes, heart problem, or other problem) If yes, please DESCRIBE and describe emergency action(s) on the emergency card.  
 No     Yes, describe:

**4. Health Assessment Findings**

| Physical Exam              | WNL                      | ABNL                     | Not Evaluated            | Health Area of Concern          | NO                       | YES                      | DESCRIBE |
|----------------------------|--------------------------|--------------------------|--------------------------|---------------------------------|--------------------------|--------------------------|----------|
| Head                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Allergies                       | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Eyes                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Asthma                          | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Ears/Nose/Throat           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Attention Deficit/Hyperactivity | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Dental/Mouth               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Autism                          | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Respiratory                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Bleeding Disorder               | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Cardiac                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                        | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Gastrointestinal           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Eczema/Skin issues              | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Genitourinary              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Feeding Device                  | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Musculoskeletal/orthopedic | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Lead Exposure/Elevated Lead     | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Neurological               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Mobility Device                 | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Endocrine                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Nutrition                       | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Skin                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Physical illness/impairment     | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Psychosocial               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Respiratory Problems            | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Vision                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Seizures/Epilepsy               | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Speech/Language            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Sensory Disorder                | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Hematology                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Developmental Disorder          | <input type="checkbox"/> | <input type="checkbox"/> |          |
| Developmental Milestones   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Other:                          |                          |                          |          |

**REMARKS:** (Please explain any abnormal findings.)

| 5. Measurements                           | Date | Results/Remarks |
|-------------------------------------------|------|-----------------|
| Tuberculosis Screening/Test, if indicated |      |                 |
| Blood Pressure                            |      |                 |
| Height                                    |      |                 |
| Weight                                    |      |                 |
| BMI % tile                                |      |                 |
| Developmental Screening                   |      |                 |

6. Is the child on medication?  
 No     Yes, indicate medication and diagnosis:  
**(OCC 1216 Medication Authorization Form must be completed to administer medication in child care).**  
<https://earlychildhood.marylandpublicschools.org/child-care-providers/licensing/licensing-forms>

7. Should there be any restriction of physical activity in child care?  
 No     Yes, specify nature and duration of restriction:

8. Are there any dietary restrictions?  
 No     Yes, specify nature and duration of restriction:

9. **RECORD OF IMMUNIZATIONS** – MDH 896 or other official immunization document (e.g. military immunization record of immunizations) is required to be completed by a health care provider **or** a computer generated immunization record must be provided. (This form may be obtained from: <https://earlychildhood.marylandpublicschools.org/child-care-providers/licensing/licensing-forms> Select MDH 896.)

10. **RECORD OF LEAD TESTING** - MDH 4620 or other official document is required to be completed by a health care provider. (This form may be obtained from: <https://earlychildhood.marylandpublicschools.org/child-care-providers/licensing/licensing-forms> Select MDH 4620)

Under Maryland law, all children younger than 6 years old who are enrolled in child care must receive a blood lead test at 12 months and 24 months of age. Two tests are required if the 1st test was done prior to 24 months of age. If a child is enrolled in child care during the period between the 1st and 2nd tests, his/her parents are required to provide evidence from their health care provider that the child received a second test after the 24 month well child visit. If the 1st test is done after 24 months of age, one test is required.

Additional Comments: \_\_\_\_\_

|                                            |               |                                 |       |
|--------------------------------------------|---------------|---------------------------------|-------|
| Health Care Provider Name (Type or Print): | Phone Number: | Health Care Provider Signature: | Date: |
|                                            |               |                                 |       |